

Susquehanna Community Health & Dental Clinic, Inc.

Application to Serve on the Board of Directors

Name: _Barb Vanaskie _

Home Address: __1026 Penn St. Williamsport, PA 17701__

Phone Number: _570-916-9031__

Date of Birth: [REDACTED]

Social Security Number: [REDACTED]

E-mail: _b.vanaskie@gmail.com__

Describe your relevant experience and/or employment (attach a resume if relevant):

See attached. Previous employment with Community Services Group and was contracted to RVH&DC for 6 years. Currently at West Branch Drug and Alcohol Abuse Commission as the Medication Assisted Treatment Coordinator

Explain why you are interested in our organization:

I believe in the mission of RVH&DC and the potential to impact our community at large. I think my perspective, as someone in the human services/direct care field, could help further that outreach.

Describe area(s) of expertise/contribution you feel you can make:

Mental Health, Substance Use, Community Outreach; Community Needs. I am someone that grew up in Williamsport and is invested in it.

Other volunteer commitments you currently have:

none

Are you related to anyone currently employed by Susquehanna Community Health & Dental Clinic, Inc.? If so, to whom?:

No

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Do you require assistance in order to be able to participate, such as babysitting, transportation, interpretation, etc.?:

no

Barbara Vanaskie

1026 Penn St. Williamsport, PA 17701 570-916-9031 (c)
b.vanaskie@gmail.com

EDUCATION

Marywood University – Scranton, PA
Masters Degree in Social Work, May 2012

Bloomsburg University - Bloomsburg, Pa
Bachelors of Science in Social Work, May 2006
Consecration in Children, Family, and Youth
Minor in Sociology

PROFESSIONAL CREDENTIALS/QUALIFICATIONS

Licensed Social Worker – effective March 22, 2012, SW129499
Licensed Clinical Social Worker – effective December 12, 2014, CW018425

TEACHING EXPERIENCE

Child Guidance Inc.

Summer 2005 and Summer 2006

- Developed lesson plans and taught social skills at Schick Elementary in Williamsport, Pa. for grades K-5

“Moving on” Curriculum

Aug 2006-May 2008

- Following curriculum and teaching six modules outlined by Marilyn Van Dienten at Transitional Living Center

“Moving on” Curriculum

Spring Semester 2011

- Adapted curriculum for adolescents to include age appropriate goal setting, building healthy relationships, communication, and emotion identification at Clean Vision Residential Treatment Facility

PRESENTATIONS

- Panelist at the Pennsylvania Community Health Center Conference in 2016 on integrated care with children
- “Addiction in Real Life” – presentation offered to three high schools and two colleges in Lycoming County
- “Opioids 101” – collaboration with Alex Johnson from UPMC Susquehanna to several audience including Leadership Lycoming Class of 2019 and Skilled Nursing Staff.
- “Multi-Disciplinary Warm Handoff Project: A Community Collaboration Project” – North Cantal PA Warm Hand off Summit in Williamsport, PA (4/16/19) and scheduled to present this at the National Conference on Addiction Disorders on 8/15/19

PROFESSIONAL CAREER

Community Services Group, Inc.

March 2007-February 2018

- Behavioral Health Consultant (May 2012-February 2018) – integrated behavioral health services within primary care at River Valley Health and Dental Center. Facilitating brief interventions with includes but was not limited to completing assessments for MH and SA using SBIRT model, referrals to community based agencies as needed, and follow up. Collaboration with schools and behavioral health agencies to obtain feedback on medication efficacy in correlation with behavioral changes. Providing brief therapy using the Problem Solving Model with adults using a generalist approach, SKIP model with children, and coordination of the Medication Assisted Treatment Program.
- Behavioral Health Program Manager (August 2016-February 2018) – in addition to providing behavioral health consultations, managing two bachelors level social workers and a LCSW within River Valley Health and Dental Center. This includes but is not limited to providing weekly/monthly supervision, conducting biweekly team huddles, and working with River Valley Administration on policies and procedures. Also member of Care Coordination Team to assist patients with wellness plans, increasing medication adherence, and advocating for patients to obtain appropriate levels of care.
- Mental Health Professional (September -December 2012) – providing individual and family therapy to children, adolescents, and adults using evidenced based practices include but not limited to Cognitive Behavioral Therapy, Mindfulness, Narrative, and Trauma focused care. Duties also included diagnosing, completing treatment plans, and billing.
- Referral Specialist (March 2007-September 2012)- Initial contact with consumer, completing referral information, contacting insurance companies, assisting with billing, tacking referrals, and other assigned tasks.
- Adult Partial Hospitalization Program (March 2007-March 2011) – Completing bio-psycho-social assessment, facilitating psycho-education groups, group therapy, and trained in treatment planning and documentation.

West Branch Drug and Alcohol Abuse Commission – February 2018- Present

- Medication Assisted Treatment (MAT) Coordinator – Grant manager for the PA MAT-PDOA grant, which includes completing GPRAs and other data collection specific to the grant, creating and managing grant budget, and participating in learning collaborative. Facilitating warm hand off process with UPMC and area agencies, as well as provider recruitment to increase number of waiver providers in service area. Case management provided to MAT Court participants in Lycoming County as well as other individuals on MAT, speaking in high schools and college class, providing education, and other assigned tasks. Collecting and analyzing data on warm handoffs.